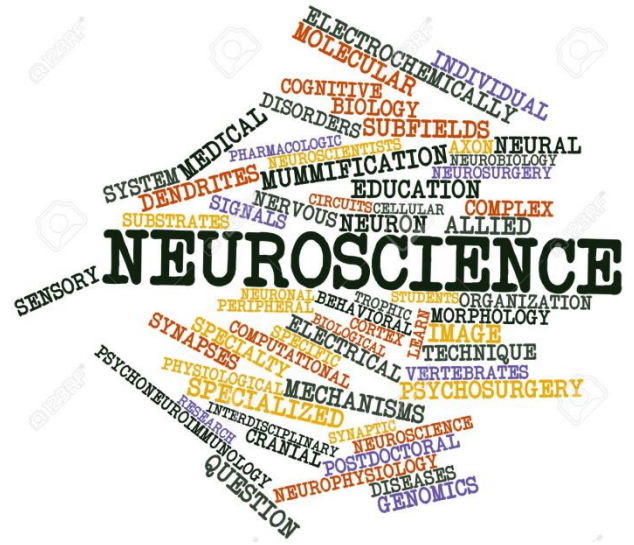


# NeuEd Parent Evening

At school we have been learning about how our brains work and what we can do to maximise learning. This includes developing positive relationships to make our children feel safe. When they feel safe, they can relax and use their 'thinking brain' instead of reacting with their 'emotional brain'.



But what about at home? What can parents do?

Come to an evening with our senior Psychologist to find out about the brain to inform your parenting style. Learn simple strategies to help reduce your child's stress, decrease their anxiety or help them manage their emotions.

**RSVP now to secure your place!**

**WHAT:** Understanding the brain to inform your parenting style and strategies

**WHERE:** Torrens Library

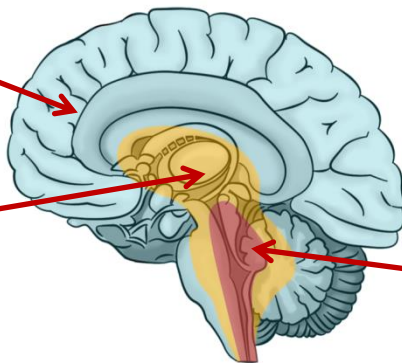
**WHEN:** Tuesday August 22nd 6.00-7.30pm (week 6)

Light refreshments will be provided.

3. Thinking Brain

2. Emotional Brain

1. Survival Brain



I \_\_\_\_\_ of \_\_\_\_\_ in \_\_\_\_\_  
Parent/carer child's name class

would like to attend the NeuEd Parent Evening on Tuesday 22 August at 6pm in the library.